

**2013 RCE National Meeting
Seattle, Washington**



THE IMPORTANT DETAILS...

AIR ARRIVALS /DEPARTURES

If you haven't already booked your tickets, please do so and arrive into and depart from Seattle Tacoma International Airport (aka SeaTac, SEA), not into Boeing Field or Paine Field.

GROUND TRANSPORTATION

Taxis are normally \$45 from SeaTac into Downtown Seattle, takes about 20 minutes. All taxis serving SeaTac are hybrid vehicles (translate: not much trunk room).

Sound Transit Link Light Rail costs about \$3 and gets you from the airport to within walking distance of the conference hotel in about 45 minutes. It's fast and clean, and you get to see a lot of great street art along the way (if you are into that kind of thing).

King County Metro Bus (aka Metro) costs about \$4 and takes about 1 hour to arrive downtown.

CONFERENCE HOTEL

Seattle Westin, 1900 Fifth Avenue, Seattle, Washington 98101

Check in: 3pm

Check out: 12 noon

FOOD AND BEVERAGE DETAILS

The RCE National Meeting will provide a continental breakfast and lunch for all meeting attendees on Monday, April 8 and Tuesday April 9. Dinner is provided on Tuesday, April 9 at the EMP event.

EMP SEATTLE

This is the location of our Tuesday night event, closing out the National Meeting. You can get from the Westin to the EMP either by walking or by taking the Seattle Monorail.

SEATTLE WEATHER

Nobody can predict the weather, especially in Seattle. Be prepared for a little wet, a little dry, a little sun, a little wind. Layers work best. Umbrellas can be helpful, but the wind whipping your umbrella around can make you look like a rookie. A light rain jacket with a hood works best. Expect mid-50s, however remember we are a city located on the water, sandwiched between two snow capped mountain ranges, so it can tend to be a bit cooler than say, mid-50's in the southeast US. Worst case scenario you can head up to the REI Flagship/Mothership Store (10 minute walk from the hotel) and get what you need.

WHAT TO EAT IN SEATTLE

Many of you have most likely already consulted either urbanspoon or yelp or have watched enough Tony Bourdain to come up with your short list of places to try in our city. Here is a list of the NWRCE staff favorites:

Within Walking Distance of the Seattle Westin:

Barolo

Flying Fish

Top Pot Doughnuts

Whole Foods

Around the Market (a walk from the hotel):

DeLaurentis Market

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Café Campagne

Ettas

Purple

Pioneer Square (a cab ride from the hotel):

Salumi

Tats Deli

Take the South Lake Union Trolley, which departs across the street from the Westin:

Flying Fish

Veggie Grill

Serious Pie

Bravehorse Tavern

Fierabend

I Love Sushi

Walking Distance from the Last Stop on the Trolley:

Serafina

Cichetti

Split a cab with your foodie friends and go to:

Capitol Hill:

Kingfish Café

Café Presse

Lark

Little Uncle Thai

Ballard/Freemont:

Revel

Agrodolce

La Carta de Oaxaca

The Walrus and the Carpenter (don't you dare sneak out of the meeting to go wait in line!)

Staple and Fancy

El Camion Adentro

Browsers Brewpub

ACTIVITIES

The Westin has a nice workout facility, however for those of you who really need to blow off some steam and get your sweat on while you are here in Seattle:

Chieslahud Running Path around Lake Union

Breathe Hot Yoga (bikram)

Be Luminous Yoga (power vinyasa)

Urban Yoga Spa (power/bikram)

Rain Fitness

SLU Crossfit